

Rehabilitation

When you are injured or have a condition that requires rehabilitation therapy, you want to have high quality services close to home delivered by top notch professionals. At Alice Hyde Medical Center's Holmes Rehabilitation Department, our dynamic and experienced team of physical, speech, and occupational therapists work with you to personalize your recovery program. We offer a complete range of rehabilitation services that take care of you from head to toe.

Physical Therapy Services

Our physical therapists provide evaluation and treatment of a wide range of injuries and conditions including:

- Headaches
- Repetitive motion injuries
- Sprains, strains and joint injuries
- Sport related injuries
- Post-surgical conditions
- Back and neck pain/injuries
- Arthritic conditions
- Neurological disorders
- Upper Extremity Lymphedema
- Urinary incontinence/Pelvic pain
- Balance disorders
- Vertigo
- Aquatics



Speech Therapy Services

Speech therapy services at AHMC include the following:

- Swallowing disorders
- Assisted communication
- Speech disorders
- Post stroke rehabilitation
- Cognitive training

Occupational Therapy Services

Occupational therapists at AHMC assess and treat individuals in the following areas:

- Hand injuries
- Self care skills
- Home management
- Work related injuries
- Perceptual skills
- Limitation following stroke
- U/E Arthritis
- Multiple Sclerosis

For more information, call 518-481-2440.